

Allegheny County

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Beaver County

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Fayette County

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Uniontown, PA 15401

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f The Healthy Parenting Program
A Child's Place, PA

☎ For more Information: 412-650-0455

Visit our website to submit referrals:



acp
A Child's Place, PA
Child Advocacy Center
Healthy Parenting Program



***Parenting is hard!
You are not alone.***

*Providing caregivers of all backgrounds with
tools to build resilience, emotional and
behavioral regulation, and overall well-being
while supporting their children's growth.*

Need some practical strategies proven to work? We can help!

The Healthy Parenting Program is **FREE** and available to **all residents of Allegheny, Beaver, and Fayette Counties**. Sessions are offered both individually and in groups, virtually or in-person.

The Healthy Parenting Program provides parents and caregivers with a hands-on, practical approach to help foster healthy, happy families, using the internationally recognized parenting curriculums *Triple P* and *Parents as Teachers*.

The Healthy Parenting practitioners help support parents in goal-setting, problem-solving, and self-regulation tailored to each family's needs, regardless of the circumstances. Triple P aims to address and prevent behavioral difficulties or challenges families face as they support children's development, social competence and self-regulation. Parents as Teachers is a home-visiting program that supports caregivers as they connect to their child's early development and promote learning.



Infants & Toddlers

- Gain more confidence in parenting tiny humans
- Increase knowledge of early child development
- Create a healthy, nurturing environment
- Know you are not alone in the struggle

Pre-K - Elementary

- Lower parenting stress
- Improve child cooperation, self-regulation, behavior, emotional health, and critical thinking skills
- Simple parenting strategies that work!
- Easier transitions between home and school
- Easy to use parenting tools for smoother sailing

Middle - High School

- Lower parenting stress
- Learn strategic communication with your tween/teen for improved relationship and cooperation
- Increase your child's self-regulation, critical thinking, and independence
- Encourage better decision-making and social skills
- Have happier days with your tween/teen



Individual Sessions | Group Sessions

Virtual Sessions | In-Person Sessions